



Leaky Water Pipes

If you have a leaky inside or outside water pipe, please contact Public Works at 250-974-5556



BATI crew spent a full day in the water at Pink Creek and Nimpkish River learning salmon surveying techniques for future stock assessment and habitat monitoring in our watersheds



INSIDE:

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- Return to School Plans
- 2020 Elk Draw
- TELUS Transmitter Site
- Sisiyutl House Plank Returns Home
- Post-Secondary Update
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- Service Canada
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'NAMGIS
FIRST NATION

Based on a foundation of culture, the 'Namgis First Nation Council will strive to create a self-governing, prosperous, healthy community with a strong, self-sustaining economy so that every member has the opportunity to achieve their highest potential.

BAND OFFICE:
250-974-5556

TOLL FREE:
1-888-9NAMGIS
(1-888-962-6447)

FAX:
250-974-5900

EMAIL:
info@namgis.bc.ca

www.namgis.bc.ca

HOURS OF OPERATION:
Monday to Friday 8am to 4:30pm

'NAMGIS COUNCIL

CHIEF:
Donald Svanvik

COUNCIL:
John Macko
Ernest Alfred
Jerry Alfred
Kelly Speck
Stanley Hunt
Victor Isaac
Robert Mountain
Dixon Taylor
Vickie Brotchie

Chief Don Svanvik



Hello 'Namgis:

I hope you are doing well in these challenging times. I, like you, look forward to the time when COVID-19 doesn't have an impact on everything we do but for now, that is our reality and we must continue to do the things that keep us and our community safe.

Council has decided that, for the time being, they will not be travelling to attend meetings.

On a brighter front, from our fish farm court case which had two parts. The first part about DFO's policy regarding fish transfer, we did not win. We appealed and we won the appeal. More nations in the province are joining the movement to get the open net pen fish farms out of the ocean and on to land to eliminate the negative impacts on the marine environment. This will help speed up the transition we're fighting for.

It is awesome to see all the gardens working in our community. Thank you to all the gardeners – you are great role models for our community and thank you to the Nawalakw Healing Society for getting this started and helping us keep it going.

We have resumed our Title and Rights Forum meetings. The forum as we call it is a meeting of Hereditary Chiefs and Council to discuss land, resources and rights issues. Most of our effort is in developing a model of blended governance. This will be a system in which the Chiefs and Council work together for Title and Rights issues. This directive came from membership in a 2016 survey question about the governance model we should use.

Back to COVID stuff. I hear on the news that this might be the second wave. I say it is so let's continue the great work we've done to eliminate COVID-19 from our island and keep it off. We are all more relaxed about the virus. So far, so good. Let's keep our groups small. If we travel, follow the safety precautions, stay away from crowds and stay safe.

Cormorant Island COVID-19 Antibody Testing Results

Cormorant Island COVID-19 Antibody Testing *Preliminary results, July 23 2020*

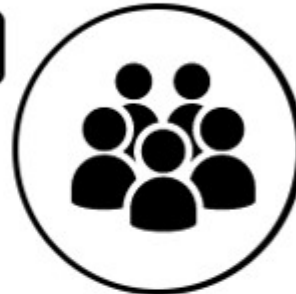


What are the results?

- 520 people provided a blood sample for COVID-19 antibody testing
- 19 people (3.7%) were positive for COVID-19 antibodies, meaning that they were previously infected with the COVID-19 virus and their body made antibodies against the virus
- Most of the 19 people with COVID-19 antibodies were previous cases and their close contacts

Who participated?

- About 60% of those eligible for testing on Cormorant Island had their blood tested
- Participants were between the ages of 12 - 95 years old
- About 43% of participants were male, and 57% were female



What do the results mean?

- Public health and community measures to control the spread of COVID-19 were successful in reducing transmission
- There was no community-wide transmission of COVID-19
- The community remains vulnerable to future COVID-19 infections, so it's important to continue to follow public health advice

What's next?

- A final community report of the results will be available by Labour Day, which will provide more information about the impact of COVID-19 on Cormorant Island



Service Canada

The Government of Canada recently announced the gradual and safe reopening of the in-person Service Canada Centres across the country for key services such as Employment Insurance, Canada Pension Plan, Old Age Security, and Social Insurance Numbers. Our priority is the health and safety of all Canadians, while continuing to maintain service to the public. With this in mind, I hope that you will share the following information on how to access our services with others in your community.

Canadians should continue to use Service Canada's many online services whenever possible.

1) Go online

For the most convenient, easy-to-use and secure way to apply, view or update your information, access our most requested services online. Please note that you can now apply online for a Social Insurance Numbers, essential for accessing government services and benefits, through the secure SIN online portal.

2) Call us

Access our most requested toll-free numbers for service. Please note that call volumes are expected to be high during this time.

3) Get extra help without leaving your home

If you have a question, need extra help or need to make an appointment for an in-person service, fill out the service request form and a Service Canada officer will call you back within two business days.

If your community members or individuals within your network do not have access to the internet or face other barriers, the Service Canada Outreach Support Centre will ensure they get access to the critical benefits they need. Call our toll-free number (1-877-631-2657) TTY: 1-833-719-2657 from 8:30am to 4:00pm Monday to Friday.

4) Visit us

Some Service Canada Centers are now open to the public. If you need to visit please check Find a Service Canada Office to see if your office is open. Due to physical distancing, space is limited. Please make a request for an appointment by filling out the service request form. A Service Canada officer will call you back within 2 business days. If your request cannot be completed by phone, they will offer you an appointment for service at a Service Canada Centre. Please note that we are not accepting requests for same day bookings.

Clients should not book an in-person visit if they are experiencing any of the following:

- Have symptoms of fever, cough or difficulty breathing.
- Have had contact with a confirmed case of COVID-19 in the past 14 days.
- Have been instructed by local public health authorities to self-isolate due to travel or contact history.

The logo for Service Canada, featuring the word "Service" in a serif font above the word "Canada" in a larger serif font. A small Canadian flag is positioned to the right of the "a" in "Canada".

If you are assisting a client who would like to see us in person, please ensure that they check the box to request an appointment:

What to expect

Clients will be greeted by a Commissionaire and required to respect physical distancing measures. Non-medical face coverings are strongly recommended and hand sanitizer will be available. Client access to computers, telephones, and photocopiers are not available at this time. Clients will still be required to confirm their identity when asking for services, therefore, it is important that they know their Social Insurance Number and be prepared with photo ID if required.

Please share this information within your network. I have also attached a poster that you can display and share throughout your community.

COVID-19 Financial Support Resource List

Find financial help during COVID-19: [Covid-benefits.alpha.canada.ca/en/start](https://www.alpha.canada.ca/en/start)

Mental Health Support: [Kidshelpphone.ca](https://www.kidshelpphone.ca) or call: 1-800-668-6868

For complete list of programs, services and resources available through the Government of Canada visit: [Canada.ca/coronavirus](https://www.canada.ca/coronavirus)

<https://www.canada.ca/en/services/benefits/publicpensions/cpp/old-age-security/guaranteed-income-supplement/apply.html> - This site has the changes in amount of income that can be earned by someone receiving the Guaranteed Income Supplement before it will affect their benefit. Part way down the page under the heading "How to determine your income" you can select "What is exempted as income". This is a breakdown of amounts and how they apply.

<https://www.canada.ca/en/services/benefits/covid19-emergency-benefits/one-time-payment-persons-disabilities.html> - This site has the one time tax free payment to persons with disabilities details. Who could qualify and what amount they could receive are outlined. Note a person does not need to apply separately for the payment.

<https://www.dfo-mpo.gc.ca/fisheries-peches/initiatives/fhgbp-ppsp/index-eng.html> - This site is the Department of Fisheries and Oceans website for information on the Fish Harvesters Benefit and Grant Program. Please note there is a small window to apply, August 24 to September 21, 2020.

1-877-631-2657 The phone number for the Outreach Support Centre for any clients who may have challenges going online or only have access to a phone and need assistance with pensions, EI or SIN.

<https://eservices.canada.ca/en/service/> - If someone has access to the internet, they can go to this site to request a call back from Service Canada. The turn around time for a return call is usually much faster than stated.

Income Assistance New Procedures

Starting September 1st, 2020

New Monthly Procedures

Clients must follow 2 steps to receive their cheque each month

STEP 1

Monthly Renewal Declaration (MRD)

Fill out MRD and put into our new drop box. MRDs are due by the 1st of each month.

MRDs are located outside the office

STEP 2

Budget and Decision Form (B&D)

B&Ds will be mailed out to all clients by the 5th

Clients must sign/date and return the B&D by the 15th

(Drop box available)

Cheques will be mailed or Direct Deposit on the last Wednesday of each month. It is mandatory that if a client has a bank account, it will be Direct Deposit. Remember to check your PO Box regularly for notices.

For any questions or concerns, please contact Agate or Ashley

Agate.Miljour@namgis.bc.ca
Ashley.Alfred@namgis.bc.ca

P.O. Box 350

Phone: 250-974-5356

Fax: 250-974-2634

Election 2020 Update Contact Information

'Namgis First Nation Election for 5 Councillors

December 2020

Election information will be sent out by mail to voting members. Please ensure your contact information in our database is updated by calling:

Membership Clerk DeeDee Alfred at 250-974-5556

Or by email:
deedee.alfred@namgis.bc.ca or info@namgis.bc.ca

Please send the following contact information:

Full Name

Mailing Address

Email Address

Phone Number

Plank is Returning Home U'mista Cultural Centre



**Sisiyu't House
Plank
has arrived
home**



This Sisiyu't house plank, which was officially repatriated to the U'Mista Cultural Center in 1998, The plank was originally collected so it could be exhibited at the World's Columbian Expo in 1893. Before coming to Chicago, it would have made up the front of a traditional big house in Alert Bay.

After the World's Fair, the plank spent time in various museums before arriving at the Newberry in the late 20th century. Though it was repatriated in 1998, the Newberry housed it at the request of the U'mista Cultural Society.

Youth Worker/Mentor Emily Garriott

The youth program is resumed for the fall and I will be seeing kids although at a limited capacity. We are meeting in smaller groups or one-on-one scenarios and going for walks, doing preplanned crafts, and socially distanced games. Youth are required to follow a few basic rules such as hand washing or using hand sanitizer, sticking to smaller groups or staying within families, and avoiding physical contact. This summer the kids have been respectful of the rules so I have no concerns about the fall. Unfortunately, due to Covid-19 we can't bake but there will be a light snack provided during group time if the kids are hungry.

Looking forward, things are still uncertain regarding my weekly visits to the elementary schools and high school. Because of the constantly developing nature of Covid-19 I won't know that information until September. What I do know is that my doors are open to the youth of Alert Bay. I see kids age 11-19 weekly or sporadically depending on the need. I am working 4 days a week Monday-Thursday and am looking forward to a new season where I get to be a part of our young people's growth.

If you have any questions, I will be happy to respond.

Email: emily.garriott@namgis.bc.ca Phone: 250-974-4491

Gilakas'la

Post Secondary Deane Wadhams



Well here we go, what a change this is going to be for the university/college students this semester. Our office has been trying to work with all institutes to inquire as to how they will be managing the 3rd party agreements since almost all of you will be doing distance education. It has proven to be very difficult since they have no office workers and are working from home, so we have had a change in the way of sending these agreements on your behalf, but it is slowly getting there, so if you cannot sign up for your chosen classes or they have not provided you with their plan of book purchases, please contact us to see how we can help.

I would like to say to you that distance education (online courses) can sometimes be overwhelming, especially for new students just beginning their college life. The schools will be providing you with the process of accessing the course work and names of the instructors. Please do not get discouraged and ALWAYS ask for help from the instructor, the First Nations Support Worker at your school and if we can assist you, let us know. We are all praying that everything will get back to normal soon.

All first year students, remember, it is your responsibility to send a copy of your transcript at the end of every semester, this document informs us with all the information needed to allow you to continue on as a sponsored student. Once your transcript is posted to your online account, you can send to us and at the end of the winter term, you can request an official transcript to send. Your transcript must have your name and the college/university you are attending on the page. I am receiving some of these with no information, but the courses taken and a letter grade, unless it has your official name and institute, it will not be accepted. Any students who do not have their transcript sent to us by January 15th will force us to hold living allowances until it is received. Stay in touch with your Post-Secondary Coordinator, keep us updated with any changes, email address, any moves, course load along with a simple hello to tell us how you are coping.

Good luck to you all on this next semester, stay safe and stay healthy.

Deane.Wadhams@namgis.bc.ca

Patient Travel Terian Whonnock

Patient Travel is to be picked up by appointment only.

Patient Travel Clerk will call you with an appointment time and day.

Only reimbursements will be mailed out at this time.

There is a confirmation drop box located outside of the Health Centre, that is for completed confirmation forms only.

All upcoming travels still require to go through your local doctors office to be done up and then sent over to Patient travel.



Alert Bay RCMP would like to express how pleased they are with everyone's continued efforts during the COVID-19 Pandemic. Please continue to do your part by washing your hands frequently, social distancing and wearing a mask.

We would also like to provide a few friendly reminders about road and water safety.

Vehicle Safety:

It is important that your vehicle's insurance is valid. You can contact ICBC by phone and make an appointment. Vehicles in BC require 2 licence plates, a front plate and rear plate. Again, please contact ICBC to get your front plate, if you do not have one.

There have been a few concerns about vehicles speeding on the Island. Please follow the speed limit and be aware of your surroundings (ie. pedestrians, children playing, animals).

Please enjoy the sunshine while it lasts! It is so nice to see children and adults on their bicycles but we see some of you not wearing your helmet. Wearing a helmet is for your safety and is also required to be worn, by law. This is under the Motor Vehicle Act and you may receive a ticket for not wearing a helmet.

Water Safety:

The Alert Bay RCMP have committed to getting out on the water to conduct patrols in the surrounding areas. It is an amazing area to patrol and we are lucky to get the chance to. Safety requirements for various vessels and watercraft are available at the local detachment or the Band Office. Please review and ensure you have all required safety equipment.

Detachment News:

Cst. Brent Vivier and his wife, Veronica, welcomed their second child to their family. Xavier was born May 13, 2020. Then in June, Cst. James Wingfield and his wife, Christina, welcomed their second child to their family. Hazel was born June 23, 2020.

The Alert Bay RCMP have added a second Indigenous Policing Member to the unit so there will be two Constables designated to this unit now based in Alert Bay. This will give us the ability to get out to the other communities in our detachment area on a more regular basis. You may have seen an influx of unfamiliar faces driving around the island and this was due to members having to fill in and help due to staffing concerns. We are anticipating the arrival of two new members who will be transferring this fall. This will put us back to the numbers we should be at and cut down on the need to bring in outside help.

If you have any questions or concerns about this document or have any other suggestions or questions, please call us at 250-974-5544.

Gilakasla,

Alert Bay RCMP

Nawalakw Culture Project

Nawalakw means “Supernatural” in Kwak’wala, the language spoken in Musgamagw Dzawada’enuxw (MD) territory for many thousands of years. The societies mission is to assert Kwakwaka’wakw title for our communities through the creation and sustainable operation of education and wellness facilities in our territory. K’odi Nelson is the Executive Director of the Nawalakw Society and visionary of Nawalakw Lodge - a healing centre focused on language and culture resurgence that is supported by an ecotourism enterprise.

The Nawalakw Culture Project, the other entity of Nawalakw is in the startup phase of the project and is aimed at supporting the Nation in culture, language, food security, and uplifting our Kwakwaka’wakw people overall. In a short period of time, the Nawalakw team has hired several local youth to support one of the bigger projects, the Nawalakw Garden Project.

Nawalakw had received funds for COVID relief to support the community through the beginning of the pandemic. The team put these funds to use right away to create food security endeavors such as our garden box project, harvesting traditional foods, weekly essential service water taxis, and much more.

Starting in April, the Nawalakw Culture Project Covid Relief team built 100+ garden boxes, setting the boxes in their places, sifting and delivering dirt and soil all over Alert Bay for our elders. We also had an amazing group of gardeners who worked hard to upkeep the garden boxes and grow fresh produce around town. Nawalakw Culture Project also did food fish deliveries of prawns and halibut to Kingcome Village, the Namgis in Alert Bay, Gilford Island, Quatsino, and to the Mamalilkala. Blueberry plants were also delivered to Kingcome, as well!

In partnership with Backback Buddies, and Soap for Hope, Nawalakw has delivered over two hundred bags of food and hygiene products to the children and youth of Alert Bay over the course of the last 6 months of the pandemic.

We are grateful for the amazing support that we have received through our partnerships with such incredible organizations who strive to make our world a better place. We look forward to seeing our organization grow as we add on more to our team, and to working with more of our community organizations with our future endeavors! *Gilakas’la* from the Nawalakw team.

For more information please visit www.Nawalakw.com or contact info@Nawalakw.com



Adrienne Dawson, Tanis Dawson, Giselle Alfred
Danya Harris, Karissa Glendale, Effrey Sedgemore



Stephen Alfred, Jonah Johnson, Keith Dawson, Jakob Dawson



HAPPINESS IS



...growing your own vegetables and eating them.



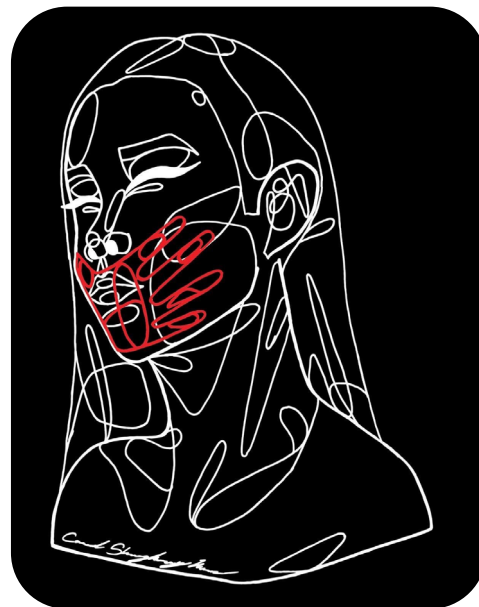
♻️ HAPPY GARDENING ♻️



Emerging Artist Coral Shaughnessy-Moon

Congratulations to Coral Shaughnessy-Moon (Musgamagw Dzawada'enuxw), this year's winner of the MOA Shop Emerging Indigenous Artist Contest! Coral's design, Hayulis tlan's malkwalał (We Will Always Remember), hopes to raise awareness of Missing and Murdered Indigenous Women, Girls and Two-Spirit people.

Coral chose a contemporary line drawing style for her design, as she wanted it to be "understood and equal to all Indigenous/non-Indigenous people." T-shirts with Coral's design are available at the MOA Shop.



'Namgis Dental Clinic

P.O. BOX 388, ALERT BAY, BC V0N 1A0 • PHONE: (250) 974-5205 • FAX (250) 974-5237

July 6, 2020

We are currently closed and will re-open once necessary safety recommendations are completed.

The next phase of B.C.'s COVID-19 response anticipates more access to dental services under enhanced protocols. This means patients should be able to look forward to increased access to in-person elective care in a safe environment in the coming months.

Call 250-974-5205 and leave a message with any questions.

If you have an urgent Dental Emergency, please go to your nearest Hospital Emergency Department.

All other dental services can be provided in another office. For First Nation clients there are travel benefits available.

- Practice good oral hygiene. Brush your teeth at least twice a day and floss once a day to remove plaque and bacteria that can cause cavities and gum disease.
- Eat a well-balanced diet and avoid sugar. Healthy foods are good for your general health and oral health.
- Drinking water is important for your health and it helps keep you hydrated. Make water the easy choice even during these challenging times. Keep a pitcher of water on the table or in the fridge for easy access.

Lixam/September



- | | | | | |
|--|---|--|---|---|
| 1 Karen Cook
Stella Kirkaldy
Jamie Seaweed
Kimberly Smith | Alfie Cook
Mona McDougall
Raeanna Sirois
Janet Wasden | Gwimo Hunt
Renee Windsor | Desiree Baker
Lisa Hanuse
David Lauten
Patrick Taylor
Doug West | Gloria Alfred
Vanessa Nelson
Tristan Sirois
Jada-Lee Wadhams |
| 2 Julian Wadhams
Laurel Alfred
Sophie Cook
Geri Delaney
Steven Johnston
Tracey Skogan
Michele West | 6 Janice Ellis
Robert Mountain
Wendy Peterson | 13 An Macdonald
Harold Alfred
Darren Noble | 19 Ava Vixamar
Bradley Jolliffe
Kyle Isaac
Dawn Pollock | 26 Allan Alfred
Buntu Cranmer
Patricia Rufus |
| 3 Nora Cook
Dan Cook
Gerri Cook
Darcy Hoffer
Gina Wadhams | 7 Clarence Alfred
Donald Alfred
Robert Wasden | 14 Emrys Speck
Zandra Olney
Aaron Smith | 20 Christina Cook | 27 Julian Phillips
Eli Cranmer
Matthew Joseph
Ernest Speck
Audrey Wilson |
| 4 Shelby Bell
Elly Wadhams
John Brillon
Daniel Marsland
Roz McKinney
James Rocchio | 8 Mary Barkhouse
Malonie Deasy
Krystal Delong
DeeDee Peterson
Brianna Underhill | 15 Dallas Rufus
Marisa Barkhouse
Stephen Bruce Jr.
Edgar Cranmer
Tristan Fernandez
Jade Peers | 21 Ivy Peers
Jacqueline Rufus
Winnifred Speck | 28 Lisa Hanuse
Ross Jolliffe
Donna Stauffer |
| 5 Braylon Skinner
Glen Barnes
George Broadfoot | 9 Donald Cook
Glen Barnes Jr.
Medric Wadhams | 16 Jayden Franciose
Autumn Wadhams
John Isaac
Jenny Smith | 22 Benjamin Alfred
Trevelyn Hill
Margaret Smith | 29 Deon Alfred
Taryn Alfred
Terrance Alfred
Aubrey Anderson
Jesse Jackson
Shania Jenkins |
| | 10 Jayden Cranmer
Dorothy Speck | 17 Verna Barnes
Kevin Bell | 23 River Hanuse
Heather McAlpine
Gundy Scow | 30 Sandra Seaweed
Abigail Speck |
| | 11 Brendon Easton
Edith Hubbard
Mary Hunt
Anita Shaughnessy | 18 Jayla Robinson
Janet Alfred | 24 Amedeo Bruno
Anthony Plourde
Ann Shaughnessy | |
| | | | 25 Emanuel Felix-Pete | |

TELUS Transmitter Site

PUBLIC NOTICE

PROPOSED TELUS TELECOMMUNICATIONS FACILITY

48-METER TALL MONOPOLE STRUCTURE

PROPOSED STRUCTURE: As part of the public consultation process required by Innovation, Science and Economic Development Canada (ISED) and the Namgis First Nation, TELUS is inviting the public to comment on a proposed telecommunications facility consisting of a 48-meter tall monopole tower and ancillary radio equipment situated on First Nation-owned land at 49 Atli Street, Alert Bay, BC.

LOCATION: 49 Atli Street, Alert Bay, BC

COORDINATES: 50.595504, -126.934657

ANY PERSON may comment by close of business day on October 5th, 2020 with respect to this matter.

TELUS CONTACT: Further information can be obtained by contacting:

Brian Gregg, SitePath Consulting Ltd.
2528 Alberta Street, Vancouver, BC V5Y 3L1
Email: briangregg@sitepathconsulting.com



2020 Elk Draw

'Namgis Elk Hunting Guidelines



Introduction

'Namgis voluntarily participates in Tlawals (Roosevelt Elk) management as set by the Ministry of Forests, Lands, and Natural Resource Operations (FLNRO) using a Limited Entry Hunt (LEH) System. Tlawals numbers were decimated and elk hunting in our territory has been managed by LEH, where a lottery determines the recipients of the elk to be harvested that year. We have participated since 1993 when 'Namgis negotiated for 50% of the Limited Entry Hunt Elk (LEH) tags in 'Namgis Territory. 'Namgis Administration, at the request of members agreed that 'Namgis hunters will abide by the rules set out in the B.C. Wildlife Act, and summarized in the BC Hunting & Trapping Regulations Synopsis in regard to Roosevelt Elk hunting in our territory.

'Namgis Elk Tag Allocation

Each year when 'Namgis receives our allocated tags, we divide them, with one half for hunters and the other half for Food, Social, Ceremonial (FSC, commonly called 'ceremonial'). The hunter tags are then put into our own lottery for 'Namgis hunters who are eligible. Eligibility is determined based on our rules (see below). The FSC elk are currently all butchered and delivered to elders here at 'Yalis. Management of this process is done by the Natural Resources Department. All hunters must fill out their tags and return them to the NRD after their successful hunt. If you are unsuccessful, the tag must be returned so it can be reported.

'Namgis Elk Tag Hunter Eligibility

The rules set out for eligibility are:

1. Must be a 'Namgis member, with a valid status card
2. Must have a valid Canadian Firearms Licence (Possession and Acquisition Licence (PAL))
3. Must be 19 years of age
4. Must not have received a 'Namgis elk tag within the past 3 years
5. One tag per household, per cycle.
6. Hunter must be present during the harvesting of the animal.

FSC Elk Tags

The FSC tags are held for local 'Namgis hunters to harvest, and for this they receive a hind quarter. Local hunters are selected because each elk needs to be delivered, butchered and stored in freezers in Alert Bay until distribution.

After all FSC elk are butchered; delivery will begin to elders in Alert Bay. All ceremonial elk is distributed as food, none is kept for social/ceremonial purposes. All First Nations elders in Alert Bay will be delivered elk meat regardless of registered nation.

All hunters wishing to harvest FSC elk must fill

out the Hunter Report given with the tags. FSC elk must be 2x2 or greater, this may change depending on hunter success throughout the season.

The NRD Staff manage the tags, organize butchering, and manage delivery of FSC elk.

Information

- a. BC Conservation Officer Service does not recognize that 'Namgis members have an aboriginal right to hunt with lights, or at night. If you participate in this activity you may be charged with a crime.

NFN Rentals CLOSED UNTIL FURTHER NOTICE

RE: Big House; Lawrence Ambers Memorial Recreation Centre; Sunshine Room; Council Hall; Health Centre Board Room; Learning Centre; T'lisalagi'lakw School Gym

The global pandemic/COVID-19 has heavily impacted everyone. Nothing is more important to us than the well-being of our community.

After consulting with Public Health, 'Namgis First Nation Council made the decision to keep all our rental buildings/spaces closed until further notice.

Please adjust plans accordingly.

We look forward to future gatherings when it is safe to do so.

Thank you for your understanding, 'Namgis First Nation Council

Mama'omas

Office has moved to 1A Front Street

Contact Numbers: Tina: 250-974-0337

Nina: 250-974-0442

Email: info@mamaomas.com

tina.jones@mamaomas.com

BATI

Office located at the Learning Centre

Office: 250-974-5556

Nic Dedeluk

Kieran Pinder

Tom Okey

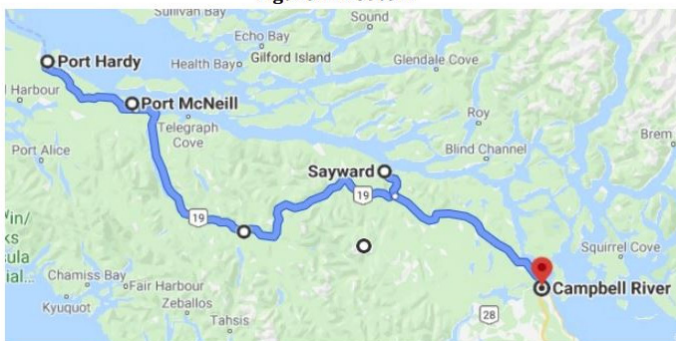
Patricia Alfred

Emily Wisden

Waivin Flags Taxi & Shuttle New Island Bus Service

Bus service between Campbell River and Port Hardy back on track

Figure 1: Route A



Great News! After seven months of waiting, Waivin Flags has been approved by the Passenger Transportation Board to operate a bus route from Campbell River to Port Hardy.

Details are being sorted out and the business will be in place soon. Plans are for the bus to leave Port Hardy earlier in the morning and arriving back later in the evening than the

previous operations. Waivin Flags believes this will make plans easier for people. In the past, route times did not accommodate people with health travel plans.

Schedule/details are being sorted out and will be shared as soon as confirmed.

Emergency Preparedness

Shannon Alfred - Emergency Program Coordinator (EPC)

Sorry I have not provided any updates since COVID-19 outbreak ended in May. From the Emergency Operation Centre (EOC), there was no break in returning to my regular work duties.

The month of June was a busy work month in that I was back in my office working on a Safety Plan for the 'Namgis organization as directed by Dr. Bonnie Henry that all workplaces be in compliance with WorkSafeBC new COVID-19 guidelines in ensuring all new safety measures are in place. This document is currently still in draft review and hope to have finalized soon.

With Emergency management, my work did not end when the EOC closed. Two reports for the COVID-19 event were required to be completed, one report for Emergency Management of BC (EMBC) and the other report for Indigenous Service Canada (ISC).

Now that I have had a bit of time to rest and re-energize my body and spirit, the next steps for emergency preparedness for our community is to be prepared for any and all emergency events to impact our community. This includes the 2nd wave of the COVID-19 virus and the regular flu season.

Please take the time to put your flu kit together and have it stored in a cool place. The list will include items for both adults and children. Things that you need will be:

- A thermometer
- 2 – 2 litres of Ginger Ale and/or Gator-ade
- Chicken Soup (can or pouch) and Crackers
- Pain meds for Adults & Children (Tylenol)
- Gravol pills for Adults and liquid gravol for children
- Flu medications (please always consult with your doctor first in regard to medication)

From experience, myself or a family member usually start feeling sick late at night or early in the morning when the store is closed. Having a flu kit readily available will be a blessing to have when you need something right at that moment and will save on having to go to the store when you are to sick to go anywhere.

In terms of COVID-19, take time with your family to discuss your family safety plan. If need be - can you self isolate at home for the required three to ten days? Do you have someone to look after your children or elderly parent or grandparent if you get sick? Having a family safety plan will help when action needs to be taken and will lessen the stress of knowing that you have a plan in place if anything should happen. Keep your Family COVID-19 Safety Plan visible on the fridge and with emergency contact names and phone numbers.

If you stay home or must travel - please follow these simple safety measures.

- Wash your hands before you touch your face.
- Use hand sanitizers when washing facilities are not available. Most places of business have hand sanitizer stations for customers entering and exiting the building or you can carry your own.
- Have a non-medical facial mask handy to use when 2 meters of physical distancing cannot be maintained. Some businesses require people to wear masks before going into their place of business, like Costco.
- Lastly, you can carry disinfect wipes in your vehicle and in your home to wipe down commonly touched areas, and
- Upon returning home to Cormorant Island from traveling, do not stop anywhere – drive directly home and use the safety measures. Do your best to limit your exposure to others and do a daily self-assessment of how you are feeling over the next 5 days.

After five days if you start to feel unwell, you can call the RDMW Health Line to schedule an appointment for a COVID-19 test. Or if you are having a hard time breathing call 9-1-1 immediately for assistance.

Take care everyone and let's continue to do our part in keeping everyone safe. Please remember to be kind to one another. COVID-19 is here in our province and on Vancouver Island whether we like it or not. As long as we follow the safety measures and do our part we can help to prevent the spread of the COVID-19 virus.

Johnny Boy Memorial

Fishing Derby and Mural

The first annual Johnny Boy Memorial Fishing Derby took place on August 15th and 16th at the Alert Bay Government Dock. The derby had approximately 30+ participants and about 80 spectators per day. The derby followed COVID-19 Protocols and face masks and hand sanitizer were provided throughout the event.



Although there were not any big catches, the group had fun!

Prizes:

\$100 Visa gift cards: Kyle Isaac; Jeremiah Shaw; Dempsey Cook; Sam Shaughnessy

\$50 Visa gift cards: Ayden Cook; Peyton Brotchie; Willie Cook; Mark Isaac

\$25 Visa gift card: Dempsey Cook Jr; Johnathan Rufus; Phoenix Coon; Ralph Shaughnessy

We would like to thank Shoprite Rona; Alert Bay Drug Store and Nawalakw Healing Society for their support in donations towards the derby. We would also like to thank Renea Hanuse for the beautiful shirts she made throughout the weekend.

In addition to the fishing derby, a memorial mural for John was created by Vincent Dumoulin with the support from community youth, as well as, cedar weavers Gloria Hunt, Kevin Isaac and Lena Collins.

This event was hosted outside of Culture Shock and was completed throughout the weekend. The mural is currently located at the grandstand by the Big House soccer field, with plans to move it to the U'mista beach.

These events were made possible through funding from the First Nation Health Authority and the countless volunteers who continue to support our community.

We would also like to acknowledge Mary "Big Momma" Bruce and her family for support and permission to host these events.



Membership Clerk **DeeDee Alfred**

'Namgis First Nation Membership Department

Although the Membership Department is closed for doing status cards, I am able to hand out the following:

1. Application for birth
2. Applications for the SCIS (10 year) cards for both adult over 16 and child 15 and under
3. Will Kits
4. Inidan Day School packages
5. Death Reports are being processed
6. Commissioner: signing when required



Please feel free to call DeeDee if you have any questions.

250-974-5556

Health Coverage for Children

The First Nations Health Authority (FNHA) expanded their health coverage for children in 2019. They are now covered under their registered parent(s) until they reach 18 months old, which is up from 12 months.

For more information:

<https://www.fnha.ca/benefits/health-benefits-new/first-nations-health-benefits-expands-infant-eligibility-to-18-months>

Status Cards Update



Indian Registration & Band Lists (IRBL) Update:

IRBL is not back at the office and there is no return date at this time. The Department is doing a lot of preparatory work to make the buildings and our work processes safe. Some changes are more time-consuming to implement than others.

Confirmation or Proof of Status:

Please do not issue any letters stating whether an individual has status. Individuals who require proof of their own status should contact the Department at InfoPubs@aadnc-aandc.gc.ca. The Temporary Confirmation of Registration Document (TCRD) will be mailed to the

individual once their identity has been verified. If a third party wants to confirm whether an individual has status, they will need to approach the individual directly or contact the Department through the Access to Information and Privacy (ATIP) Office at aadnc.atiprequest-airpdemande.aandc@canada.ca.

Applying for the Secured Certificate of Indian Status (SCIS) with expired ID

Due to difficulty in renewing IDs during the pandemic, the Department is temporarily relaxing rules about expired IDs. IDs that expired during the pandemic will be accepted toward a SCIS application for a limited time.

Return to School Plans Alert Bay School

Alert Bay School is opening for in-class learning for all students on September 10, 2020.

In order to open our school safely, we are giving staff and students time to learn about the new health and safety measures for this school year in small group settings. Our first week of school looks like this:

September 8th, 9th 2020 - School Staff Returns

September 10, 2020 (2 hour day for students)

Kindergarten to grade 3 will attend school from 8:35-10:35am

Grade 4-7 will attend school from 12:30-2:30pm

September 11, 2020

Full day for all students) 8:35am -2:36pm

Like we did in June, students will enter and exit the school through their classroom door on the side of the building, and not through the front door. Hand washing stations and sanitizer will in place, social distancing guidelines will be in effect, as everyone's health and safety is of the utmost importance.

Stay Home When Sick

The BCCDC guidelines for schools are firm. If a student, staff member or any other adult has any symptoms of a cold, influenza, COVID-19, or any other infectious respiratory disease, they must not enter the school.

Parents and Guardians, we ask that if you need to come into the school building that you call the school to make an appointment so we can practice all safety measures.

Please send only a backpack or bag containing your child's lunch and a spill-proof water bottle. Utensils and containers should be single use and taken home at the end of the day with your child. As daily outside time will

be occurring please ensure your child has the required outerwear for each day they are in attendance; this may include hat, sunscreen and/or boots and a rain jacket, depending on the weather.

The length of our school day has changed this year to accommodate a two week Spring Break later in the school year. Our regular school day is 8:35am – 2:36pm.

If your child rides the bus to school they will be assigned a seat for the entire school year. As per the Ministry of Education's return to school plan, masks aren't recommended for elementary students on buses and in schools because they are more likely to touch their face and may need help putting them on and taking them off. Having said that, it will be a personal choice, and one mask per student will be given upon request.

Our classes for this year will be:

K/1/2/3 – (Mrs. Bragan)

4/5 – (Ms. Nelson)

6/7 – (Ms. Turner and Mrs. Harris)

School Supply lists are available on our school's website, PAC Facebook page, as well as at our Alert Bay Pharmacy.

If you know of any new family to Alert Bay, or Kindergarten students who have not registered for school, our school will be open August 31st to September 9th for new registrations. Please call our office 250-974-5569 to book an appointment for registrations, or if you have any other questions about the upcoming school year.

I look forward to seeing all of you soon.

Respectfully, Jen Turner Principal



Return to School Plans T'lisalagi'lakw School



Cilakas'da'xw'la li'taxwaj Parents, Guardians and Community Members,

This week marks the first two days that we have been able to welcome back most of our students. It was a very positive and heart-warming experience to see some familiar faces in classrooms again. Students have been entering the school through the classroom doors on the side of the building – this process uses signage and art to help support student entry. They have impressed school staff with their hand hygiene and their excellent behaviour – congratulations students!

Collaboratively we have anticipated how new changes will affect our students and staff, and in turn we have developed a comprehensive plan that covers all school aspects. The draft version of this plan has been vetted by members of the local health authority and our staff will continue to work with health care professionals on an ongoing basis. Some of the highlights of our September 14th reentry plan include:

- Limited class sizes to accommodate safety protocols
- Student instruction/support regarding safety, hand hygiene, social distancing, etc.
- Learning groups (cohorts)
 - Partial return for students which begins with 3 hours per day, twice per week, as an initial plan
 - ~ Monday/Wednesday cohorts, 8:30-11:30am
 - ~ Tuesday/Thursday cohorts, 12:30-3:30pm
 - ~ Learning group/cohorts style of learning limits exposure to larger populations within the school
 - A plan to increase frequency of in-class instruction from twice per week to four times per week once we have established new school norms
 - ~ Safety protocols for students and staff (hygiene, distancing, cleaning etc)
 - The school will be offering hot meals, every day, to both cohorts
 - A four-day week for students
 - ~ Allows for a deep clean on Fridays to maintain a high standard of safety
 - Students and staff will be encouraged by teachers and other communication tools such as signage and newsletters/emails to parents and caregivers to:
 - ~ Avoid close greetings (e.g. hugs, handshakes)

- ~ Encourage students and staff to not touch their faces (“hands below shoulders”)
- ~ Cough or sneeze into your elbow or a tissue. Throw away used tissues and immediately perform hand hygiene.
- ~ Refrain from touching your eyes, nose, or mouth with unwashed hands
- ~ Refrain from sharing any food, drinks, unwashed utensils, cigarettes or vaping devices
- Students and staff with cold, influenza, or COVID-19 like symptoms should stay home, self-isolate, and be assessed by a health care provider. Testing is recommended for anyone with these symptoms, even mild ones.
- Parents and caregivers must assess their child for symptoms of common cold, influenza, COVID-19, or other infectious respiratory disease before sending them to school
 - ~ If a child has any symptoms, they must not go to school
- The school will:
 - ~ ensure school staff and other adults entering the school are aware of their responsibility to assess themselves daily for symptoms of common cold, influenza, COVID-19 or other infectious respiratory disease prior to entering the school
- Parents, guardians and other non-staff personnel are asked to not enter the school unless they have an appointment (if dropping off a child, please maintain social distance from others during this time)

Please note that Țisalagi'lakw School is operated by the 'Namgis First Nation and Council and does not need to comply to the same policies and procedures as the public school system. As a result, we are taking a staggered approach to resuming in-class instruction as a safeguard to ensure that proper protocols are in place.

It has been an evolving year with lots of change and Alert Bay is resilient. I know that we will get through this together. I am confident that these new changes to the school are the right decisions to make. If anyone has any questions about this note, or anything related to the school operations, please do not hesitate to reach out to me and I will make myself available.

Gilakas'da'xw'la, takwala gan noke' ka's,

Shane Douglas

Țisalagi'lakw School Principal

Shane.douglas@namgis.bc.ca



Return to School Plans NISS

We are very excited to have students and staff all back together for the start of the school year. In order to keep everyone safe, it will be important for everyone to follow the new procedures that are in place.

What will be the same?

- Our school focus will continue to be on learning and on helping students develop their potential.
- Students will work in classrooms with their teachers and support staff on the required curriculum.
- Students will continue to have academic and social/ emotional supports available to them.
- Buses will continue their usual runs to bring students to school.

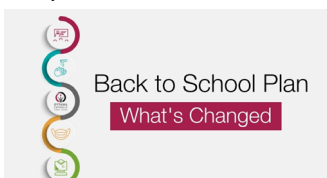
What will be different?

- Students and staff will work within learning groups that will not interact with each other. These groups will not exceed 120 people. The groups will be Grade 8, Grade 9, Grade 10, and Grade 11/12.
- Classes will be scheduled on a quarterly system, and students will focus on two classes at a time (for about ten weeks) before switching to their next set of classes.
- At this time, there will be no whole-school assemblies or activities with other schools (like sports events or Big Buddy visits).
- Students will not be able to access their lockers. We ask that students only bring the items that they will need for each day.
- To minimize contact with other groups, each learning group will have their own assigned entrance and exit door from the school. The start of the day, lunch hour, and the end of the day will have staggered times for each group.
- There will be a focus on hand hygiene and students will be expected to follow expectations for diligently hand washing and/or using hand sanitizer

Beginning the first week of school, the Principal will be issuing weekly bulletins for families (through email and posted on the website) to share updates and news about school procedures and programming changes related to our pandemic response.

Families are encouraged to contact the Principal, Ms. Stacia Johnson at sjohnson@sd85.bc.ca or the Vice Principal, Mr. Ben Donoghue at bdonoghue@sd85.bc.ca

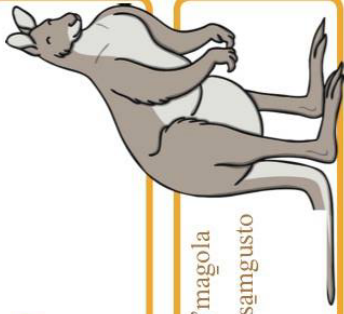
Thank you for your support and patience as we continue to work with all of our partners to ensure a safe start to the school year. We look forward to seeing our students back on September 10.



Any questions, feel free to contact the school at 250-956-3394.

Visit the NISS website: <https://nis.sd85.bc.ca/>

A B D D L D Z E G G W G G W H I K K W K K W K K W L L M
 N O P P S T T S T L T L U W X X W X X W Y ,



- 1- 'nām 5- saka 9- 'na'na' ma 13- yudaxwagayu 17- adtabuwagayu 21- 'na'namgola 25- sakagola 29- 'na'na' magola
- 2- ma' 6- kaita 10- la' stu 14- muwagayu 18- ma'igwa' natagayu 22- hama' tola 26- kaitagola 30- yudaxwsamgusto
- 3- yudaxw 7- adtabu 11- 'namagayu 15- sakagayu 19- 'na'na' magayu 23- hayudaxwola 27- adtabugola
- 4- mu 8- ma'igwa' nat 12- ma' tagayu 16- kaitagayu 20- ma' tsamgusto 24- hamugola 28- ma' igwa' natola

Seasons

- 1. Tsa' wanx - winter
- 2. Hi' anxpá' nakwala
- Spring
- 3. Hi' anx - Summer
- 4. Lo' yanx
- Fall



Days of the Week

- i'kila' anx - Sunday
- 'Nampānxwatsānx - Monday
- Ma' tpanxwatsānx - Tuesday
- Yudaxwpanxwatsānx - Wednesday
- Mupānxwatsānx - Thursday
- Saka'panxwatsānx - Friday
- Nax' sandi - Saturday

Months

- 7. NINAK'WANX - July
"Salal berry time"
- 8. XAMXSAMSDI - August
"Empty fish box time"
- 9. LIXAM
September
- "Wide faced moon time"
- 10. 'MAGWABO'YI
October
- "Moon round beneath"
- 11. GWAX'SAM
November
- "Dog Salmon time"
- 12. LO'YANX - December
"Leaves falling time"

Months

- 1. W'YANX
January
- "Herring spawn time"
- 2. DZADZA'WANX
February
- "Eulachon run time"
- 3. K'WIK'WA'LANX
March
- "Everything sprouting time"
- 4. MA'WA'ETLANX
April
- "Go to eulachon grounds time"
- 5. K'AMK'AMDZAK'WANX
May
- "Salmon berry time"
- 6. GWAGWA'LANX
June
- "Huckle berry time"



Colors

- dzastu - blue
- lanxstu - green
- pinkstu - pink
- kwānxstu - brown
- isufstu - black
- salsu - purple
- mal'stu - white
- itixstu/ Lemānxstu
yellow
- igistu - grey
- ayānzistu - orange
- wi'walmastu
all colors
- gagama'stu
different colors

Basic conversation

- 1. 'Yo - Hello
- 2. angwaxtas? Who are you?
- 3. 'Nugwa'am
- 4. 'wiksas? - how are you?
- 5. Possible answers:
ikman - I am good
kalkan - I am tired
isaxkan - I am sick
wosan - I am sad
wanutata'man - I am okay
lawisan - I am crabby
- 6. Halakas'la - Good-bye

Crisis Contacts Emergency Numbers

Emergency 911 – RCMP, Fire, Ambulance

RCMP Non-emergency 250-974-5544

Fire, Ambulance Non-emergency 250-974-5332

Cormorant Island Health Centre 250-974-5585

Online and phone crisis lines:

Alert Bay - A&D Crisis line 250-974-8015

Kuu-us Crisis Services 1-800-588-8717

Canada Wide texting line; text TALK to message 686868

Youth specific

Ministry of Child & Youth 310-1234

K'wakwalatsi Child & Family Services 250-974-8469

Youth line (1-866-661-3311)

Online chat www.youthinbc.com (available from 12 PM -1 AM)

Chat online services from 6 PM to 10 PM www.vicrisis.ca (click on “Chat Now”)

Children specific

Kids Helpline 1-800-668-6868

www.kidshelpphone.ca

General (Medical questions)

811 (Health Link BC – May direct you to mental health services)

Port Hardy Public Health 250-902-6071

Victim Link BC

(1-800-563-0808), if hearing impaired call (1-604-875-0885)

This is a general line for anyone that is a victim of crime (domestic violence, sexual assault, sexual exploitation, elder abuse or neglect, dating violence, dealing with the sudden death of a loved one and break and enter)

Crisis Lines:

Kuu-Us Crisis Line

1 – 800-588-8717

Child & Youth Line:

1-250-723-2040

A & D On call Line

250-974-8015